

What is SMA?

Quick facts about spinal muscular atrophy (SMA)

In Malaysia, it is estimated that **one baby** with SMA is born every week.

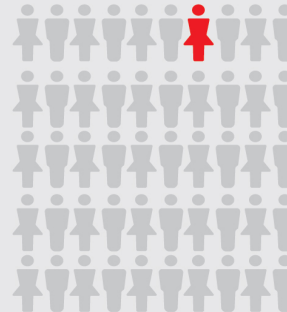
SMA is an inherited genetic disease.



It occurs when a child inherits **two mutated copies** of the **survival motor neuron 1 (SMN1) gene** – one from each parent (autosomal recessive inheritance).



If a child only inherits one mutated copy of the SMN1 gene, he or she becomes a **carrier** of the recessive gene.



On average, **one in 50 people** carry the mutated SMN1 gene.

SMA is a neuromuscular disorder, affecting the motor nerves in the body.

It causes the **muscles** in the body to become **progressively weaker**.



It affects **essential physical activities** like breathing and chewing/swallowing, as well as all movements, including head control and crawling/walking.

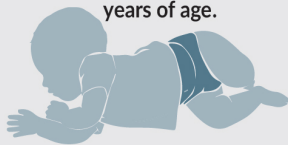
SMA does not affect the child's intelligence or senses.



SMA can be categorized into four clinical types:

SMA Type 1

- > Most common and severe type.
- > Symptoms appear at birth or within first few months of life.
- > Patients have difficulty breathing and eating.
- > Usually do not live beyond two years of age.



SMA Type 2

- > Symptoms appear between six to 24 months of age.
- > Patients can sit by themselves, but are unable to stand or walk on their own.
- > Life expectancy ranges from childhood to adulthood, depending on the severity of their condition.



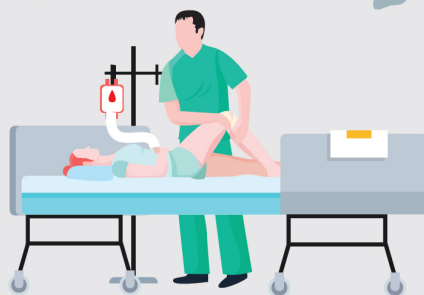
SMA Type 3

- > Symptoms appear during childhood.
- > Patients are initially able to walk, but will eventually need a wheelchair.
- > Life expectancy is close to normal.



SMA Type 4

- > Symptoms appear during adulthood.
- > Patients are initially able to walk, but will experience progressive muscle weakness.
- > Life expectancy is normal.



There is **no cure** for SMA, but there are **therapies** to **slow the progression** of the disease and **relieve** some of the symptoms.

#think**SMA**LLact**BIG**

